

# Radiation Exposure: Ancient Lessons of Survival (REALS Press Release)

West Orange, NJ – Amateur researcher and technologist, A. Stuart Kaplan, reflects on ancient texts for answers to the growing public health crisis produced by the crippled Fukushima nuclear facility. In a serialized manuscript on a new website, Kaplan points out frequent references to elevated levels of radioactivity and cataclysmic nuclear events in such unlikely sources as the Old Testament and other scriptures. Moreover, Kaplan reports, “Biblical stories, miracles, commandments, and rituals actually contain valuable lessons about living and thriving in a highly-radioactive, Chernobyl-like environment.” If proven to be sound, this idea could help populations exposed to radiation from nuclear accidents, medical procedures, and other exposures.

One example mentions modern radiation protection principles taught in radiology textbooks and used by emergency workers seen on the news - to maximize the distance from a radiation source, shield oneself with radiation-absorbing material, and limit one’s exposure time. Dialogue recorded in the Biblical text thirty-three hundred years ago parallels these instructions: When Moses begged for permission to see God’s Presence, He answered, "I will make all My goodness pass before you ... but you cannot see My face, for man may not see Me and live." (Exodus 35:19-20). According to the text, He: 1) placed Moses at a distance in the cleft of a rock, 2) shielded him with His hand, and 3) waited for His Presence to pass. Moses then saw God's back or shadow, according to the account in Exodus 35:23.

Following this model, the manuscript *Nuclear Touchpoints* posits that Moses knew he survived an initiatory rite of limited exposure to what we now call ionizing radiation. The rituals

and commandments he acquired became formidable tools with which to protect and transform the "mixed multitudes" of the Egyptian Exodus into "a kingdom of priests and an invincible holy nation." Especially in need of protection was the High Priest who would “approach God” and handle specified “holy relics”. Heavy, multi-layer, metal-laced robes and plates provided defensive shielding during those moments of extreme exposure. Kaplan explains, “The key to implementing this plan was to gradually expose the local residents to the immensely powerful light described in the Old Testament, while changing their habits, cleanliness, moral virtues, and other physical undertakings. The Israelites became a more resistant population in order to survive a radiation-enriched environment.”

The Eight Layered Protective Garments of the Israelite Priests



In order to survive their Divine encounters Priests wore insulated clothing and metal plates

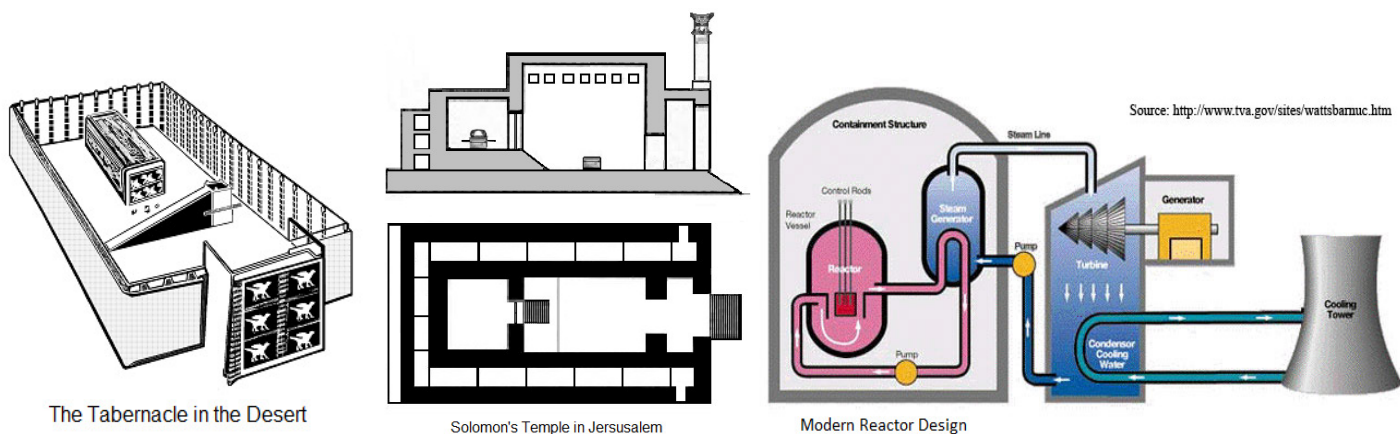


Radiation Protection Suit  
Military Grade

Diet was a key concern and Old Testament laws forbid Israelites to consume animal fat: "Give the following instructions to the people of Israel. You must never eat fat, whether from cattle, sheep, or goats." (Leviticus 7:23). In addition to keeping arteries clean, this prohibition has recently been corroborated by Australian scientists who studied cats that died after eating

irradiated pet food. The consensus believes that the lethal brand had high concentrations of Omega 3 fatty acids that broke down into toxic chemicals. Other pet foods tested, with lower fat content, presented no problem when irradiated and consumed. “There is a comparable process in the Bible, called the “Wave Offering”, which was my first observation that began this investigation of twenty years. Israelite priests waved their meat before the “Holy of Holies”, which likely sterilized and preserved the food for future meals in the hot desert climate.” said Kaplan. “The apparent lesson, then and now, is to avoid eating fat or being seriously overweight when exposed to higher-than-normal levels of radiation.”

The author also suggests that behavior modification of a bitter, slavery mentality needed to occur to ensure health and survival. He says, “Improving one’s psychological outlook, ethical conduct, and moral fiber also came into play. Leviticus 15:31 states it best: “You must warn and separate the people of Israel from their uncleanness that they not die during their contamination when they thereby defile My Tabernacle that is among them.” The Nuclear Touchpoints manuscript articulates how atonement rituals purged sins and guilt, and commandments governed morals, which enabled the Israelites to thrive in a highly-radioactive setting. This Biblical quote may be the earliest known lesson that infers a physical link between morality and survival. Those who believe in concepts like the Golden Rule and karma, may soon discover these precepts to have even greater relevance under precarious conditions like those unfolding in Japan.



Kaplan believes he has uncovered a comprehensive “radiation protection manual” used by the exiles of Egypt, who maintained a remarkable state of health when compared to the appalling plight of modern refugees. “This research indicates that commandments and rituals, in addition to their religious and practical value, minimized the harmful effects of nuclear radiation on ancient populations and the environment.” He continues, “Curiously, a modern reader using this lens can quickly recognize distinct radioactive properties in many of these ancient texts. To organize and incentivize other researchers to examine this concept and apply it to help people in Japan and elsewhere, I am establishing a program called **REALS (Radiation Exposure: Ancient Lessons of Survival)**: a research initiative to encourage the development of a new science focused on radiation safety information derived from ancient texts as a field of scholarly inquiry.” Contact email: [Info@REALSProgram.com](mailto:Info@REALSProgram.com), and view the current popular science website and serialized publication at [www.nucleartouchpoints.com](http://www.nucleartouchpoints.com).